



VETERANS HEALTH ALLIANCE OF LONG ISLAND
MENTAL HEALTH ASSOCIATION OF NASSAU COUNTY



YOU SERVED YOU EARNED

SERVICES FOR LONG ISLAND VETERANS AND THEIR FAMILIES



VETERANS HEALTH ALLIANCE OF LONG ISLAND

RESOURCE GUIDE: (REV. 4/2013)

“You Served You Earned”

The Veterans Health Alliance of Long Island is comprised of representatives from state and county government, the VA medical center, veterans’ organizations, mental health and substance abuse providers, universities, and individual veterans, who all have a personal interest in supporting Long Island veterans.

The mission of the Veterans Health Alliance of Long Island is to build a friendly veteran community by
“Promoting the health and well-being of Long Island veterans and their families through advocacy and a broad array of services.”

This guide outlines the range of services provided by the Veterans Health Alliance of Long Island, pertinent information about your local VA hospital, County Veterans Service Agency and VET Centers as well as other resources that range from alternative healing to employment, education and housing.

Resources have been arranged in alphabetical order and specify the services provided. Some of the services included in this guide are free of charge. Others may be covered by private insurance, TRICARE, government benefits, or other forms of payment.

SERVICES PROVIDED BY THE VETERANS HEALTH ALLIANCE OF LONG ISLAND

Please call (516) 489-2322 ext. 1101 or 1260 for more information

Case management

We staff a fellow veteran who can provide case management and veteran peer support onto OIF/OEF/OND veterans on an individual basis. Specific services include assistance with registering for the VA in Northport, support for filing a disability claim, mental health and/or substance abuse recovery, locating services for military sexual trauma, seeking employment or housing, using the new GI Bill, and dealing with concerns related to parenting, emergency crisis, financial and credit issues.

Peer support

Both individual and group peer support is offered to veterans and their family members. Weekly peer support groups are offered to veterans and community events are hosted for the families by fellow military family members. Peer support can also be provided 1:1 or via the telephone, with all information being completely confidential.

Alliance Meetings

Alliance members gather at bimonthly meetings to discuss current events related to veterans’ issues and to network with other veterans groups on Long Island. Guest speakers lecture on topics such as substance abuse, traumatic brain injury, the concerns of older veterans, up and coming therapeutic techniques etc.

Training Opportunities

Staff of the Veterans Health Alliance is available to train community organizations and providers as needed on such veteran related topics as: **Suicide prevention, Military Culture 101, Veteran’s mental health, Working with military families etc.** To arrange a training please call Gaylene Pandolfo, LCSW, Veteran Liaison, NYS Office of Mental Health, Long Island Field Office: (631) 761-2512 or email gaylene.pandolfo@omh.state.ny.us

VA MEDICAL CENTER (NORTHPORT)

The VA in Northport offers a wide range of services, including health care assessments and treatment, emergency inpatient and outpatient care, medication and supplies, mental health, substance abuse, dental, rehabilitation, employment, aging, military sexual trauma and women's services. Veterans from every generation are encouraged to register with the VA in order to receive these services. Below is some important information about your local VA medical Center.

VA Medical Center
79 Middleville Rd.
Northport, NY 11786
(631) 261-4400
www.northport.va.gov

Important Numbers to Know:
Mental Health Clinic: Ext 2785
Agent Orange Registry: Ext 2657 or 2659
Homeless Veteran Program: Ext 2204
Military Sexual Trauma Coordinator: Ext 2505

The VA conveniently has several satellite locations. Visit or call (631) 754-7978 for more information about the services provided at each of the locations listed below:

Patchogue Community Clinic
4 Phyllis Drive
Patchogue, NY 11772

Valley Stream Clinic
99 South Central Avenue
Valley Stream, NY 11580

Bay Shore Clinic
132 East Main Street
Bay Shore, NY 11706

Riverhead Clinic
300 Center Drive
Riverhead, NY 11901

East Meadow Clinic
2201 Hempstead Turnpike
East Meadow, NY 11554
Building Q

VET CENTERS

www.vetcenter.va.gov

Babylon Vet Center
116 West Main Street
Babylon, NY 11702
(631) 661-3930

Nassau Vet Center
970 South Broadway
Hicksville, NY 11801
(516) 348-0088

The Vet Centers provide psychotherapy to veterans who have experienced war related trauma. Counseling is also available for family members. Eligibility is based on military service during war or hostile actions. The Vet Centers have hours of operation to conveniently accommodate the schedules of working veterans and their family members. **All services are confidential and free of charge.**

Services provided: Emotional Support, Family Support, Counseling for Military Sexual Trauma and Bereavement

VETERANS SERVICE AGENCIES

Your county Veteran's Service Agency can help veterans and their dependents file for compensation, pension and education benefits from the U.S. Department of Veterans Affairs. They also assist veterans with enrolling for medical services and tax exemptions.

NASSAU COUNTY VETERANS SERVICE AGENCY

<http://www.nassaucountyny.gov/agencies/Veterans/index.html>

2201 Hempstead Turnpike
East Meadow, NY 11554
Building Q
(516) 572-6565

SUFFOLK COUNTY VETERANS SERVICE AGENCY

www.suffolkcountyny.gov/veterans

H. Lee Dennison Building
100 Veterans Highway
Hauppauge, NY 11788
3rd Floor
(631) 853-VETS

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ADDITIONAL SERVICES AVAILABLE TO VETERANS AND FAMILY MEMBERS

ADELPHI UNIVERSITY

www.adelphi.edu

1 South Ave
Garden City, NY 11530
(516) 877-3412

Adelphi University is a member of the post 9/11 GI Bill, Yellow Ribbon Program, part of the *Service members Opportunity Colleges* (SOC) Consortium and the Concurrent Admissions Program (ConAP). Benefits can be applied toward enrollment in any associate, bachelors, credit certificate, masters or doctoral programs. Applications specific to student veterans or students in the military are available. See website for details.

Services provided: Education

FAMILY AND CHILDREN'S ASSOCIATION:

HICKSVILLE CHEMICAL DEPENDENCY PROGRAM

<http://www.familyandchildrens.org/Hicksville-Counseling-Resource-Center>

180 Broadway, 2nd Floor
Hicksville, NY 11801
(516) 935-6858

Outpatient substance abuse treatment program that provides individual, group and family treatment for substance abusers and their families. All services are available in both English and Spanish.

Services provided: Emotional support, Family support, Substance Abuse/Addiction

FAMILY RESIDENCES AND ESSENTIAL ENTERPRISES (F.R.E.E.)

www.familyres.org/services/family-wellness-center.html

120 Plant Avenue

Hauppauge, NY 11788

(631) 273-1300 for Case management Services

(631) 851-3810 for the Family Wellness Center

Provides case management, health and mental health services to individuals suffering from TBI.

Services Provided: Traumatic Brain Injury

INTERFAITH NUTRITION NETWORK: NEW GROUND

www.the-inn.org

211 Fulton Ave

Hempstead, NY 11550

(516) 486-8506

Catherine Martin INN provides communal, long term housing for male veterans in recovery from substance abuse for one year. Program focuses on education and skills for future independence.

Services Provided: Housing, Substance Abuse/Addiction

IRAQ AND AFGHANISTAN VETERANS OF AMERICA

www.java.org

(212) 982-9699

Advocates on behalf of veterans who served in the wars in Iraq and Afghanistan. The IAVA supports veterans in health, education, employment and building a lasting community for vets and their families.

Services Provided: Veterans Services

ISLAND HARVEST: A FOOD BANK FOR LONG ISLAND

www.islandharvest.org

199 Second Street

Mineola, NY 115501

(516) 294-8528

40 Marcus Blvd

Hauppauge, NY 11788

(631) 873-4775

Operates a mobile food pantry called **Operation HOPE**. Operation HOP delivers a one time, one month supply of food to Long Island Veterans and military families in need. Food is delivered by a veteran who is sensitive to the needs of other veterans and military families.

Services Provided: Food and provisions

LONG ISLAND CARES:
THE HARRY CHAPIN FOOD BANK
10 Davids Drive
Hauppauge, NY 11788
(631) 582-FOOD

www.licares.org
NASSAU SERVICE CENTER
9 West Sunrise Hwy
Freeport, NY 11510
(516) 442-5221

First stop pantry program: Provides up to 10 days of meals for individuals and families. In addition to nutritious meals, information on government entitlement programs, benefits and other assistance is provided as well as self care items, household supplies and pet food.

Mobile pantry program: LI Cares delivers nutritious meals to disabled veterans who are homebound and unable to receive food from their local pantries.

LONG ISLAND STATE VETERANS HOME AT STONY BROOK www.listateveteranshome.org
100 Patriots Road
Stony Brook, NY 11790
(631) 444-8500

Provides nursing home and adult day care services for Long Island's veterans, regardless of period of service (war or peace time service), service connected disability or location in which you served our nation. The LISVH also accepts the spouse or widow of qualifying veterans, as well as Gold Star Parents who require skilled nursing or adult day health care.

Services Provided: Health Services, Emotional support, Family Support

THE MILDRED & FRANK FEINBERG DIVISION OF THE UNIFIED BEHAVIORAL HEALTH CENTER FOR MILITARY VETERANS & THEIR FAMILIES
132 East Main Street
Bay Shore, NY 11706
(631) 647-2530

<http://www.northshorelij.com/hospitals/location/unified-military-vet-location?rendermode=previewnoinsite%2Fpatients-and-visitors%2Fpatients-and-visitors>

A first of its kind; this service is a collaborative effort between NSHLIJ and the Northport VA, to evaluate and treat military personnel and their family members. Services provided include, but are not limited to, psychological assessment, individual, group and family therapy, medication therapy, health and wellness management, parenting and child workshops. Call to discuss additional service options.

Services provided: Emotional Support, Children's Services, Family Support, Counseling for Military Sexual Trauma and Bereavement

NEW BEGINNINGS COMMUNITY CENTER
12 Platinum Court
Medford, NY, 11763
(631) 286-6166

www.nbli.org

Outpatient rehabilitation center for individuals with a traumatic brain injury. Multiple therapies offered including physical and occupational therapy, speech therapy, and transportation to a day treatment program. Tri-Care accepted along with insurance and private pay. Free support groups for survivors, family and friends.

Services provided: Traumatic Brain Injury, Family Support

NEW YORK STATE DEPARTMENT OF LABOR
301 West Old Country Road
Hicksville, NY 11801
(516) 934-8519

www.labor.ny.gov

A veterans' employment representative offers assistance with job training and employment opportunities.

Services Provided: Employment/Vocational

**NEW YORK STATE SMALL BUSINESS DEVELOPMENT
CENTER & VETERANS BUSINESS OUTREACH CENTER**

www.nyvetbiz.com

Farmingdale State College
2350 Broadhollow Road
Farmingdale, NY 11735-1021
(631) 370-8891

Provides one-on-one free counseling, business training and mentoring to help veterans start and grow their own small business.

Services Provided: Employment/Vocational

NORTH SHORE CHILD & FAMILY GUIDANCE CENTER

www.northshorechildguidance.org

480 Old Westbury Road
Roslyn Heights, NY 11577
(516) 626-1971

Provides outpatient clinical treatment and counseling; substance abuse counseling; trauma, bereavement individual, family and group services for all children ages birth – 24 and their families.

Services provided: Emotional Support, Children Services, Family Support, and Counseling for Military Sexual Trauma and Bereavement, Substance Abuse/Addiction

PHOENIX HOUSE
998 Crooked Hill Road
PO Box 3001, Building 5
Brentwood, NY 11717
(631) 306-5776

www.phoenixhouse.org

The Military Services Program offers residential and outpatient substance abuse and mental health treatment services as well as family therapy and couples counseling. Assistance with accessing VA benefits and vocational training and educational counseling are also available.

Services provided: Emotional Support, Family support, Substance Abuse/Addiction, Veterans Services, Employment/Vocational services

REBUILDING TOGETHER LONG ISLAND

www.rebuildingtogetherlongisland.org

Rebuilding Together Long Island, Inc.

P.O. Box 1554

North Massapequa, New York 11758

(516) 541-7322 or (516) 741-5291

Volunteers repair and rehabilitate homes of the elderly, disabled and veteran home owners. Application information can be found on their website.

Services Provided: Housing/Home Repair

ROSEN FAMILY WELLNESS CENTER

www.northshorelij.com/NSLIJ/rosen

OF NORTH SHORE HOSPITAL

400 Community Drive

Manhasset, NY 11030

(516) 562-3260

Provides counseling and assessment for individuals, couples, children and family of active duty service members, reservists, and veterans of Operations Iraqi Freedom (OIF), Enduring Freedom (OEF), and New Dawn (OND). The Rosen Center also offers parenting, wellness and child resilience workshops.

Call to discuss fee.

Services provided: Emotional Support, Children's Services, Family Support, Counseling for Military Sexual Trauma and Bereavement

SAINT JOSEPH'S COLLEGE (PATCHOGUE)

www.sjcnv.edu

155 West Roe Boulevard

Patchogue, NY 11772

(631) 687-2678

St. Joseph's College is a member of the post 9/11 GI Bill Yellow Ribbon Program, part of the *Service members Opportunity Colleges* (SOC) Consortium and core SOCAD-4. St. Joseph's College offers a variety of military benefits including special tuition rates for service members and off-site course offerings for active military and veterans

Services provided: Education

SOCIAL SECURITY DISABILITY

1(800)-772-1213

Veterans who are unable to do substantial work due to a disability may be entitled to Social Security Disability. (SSD) Receiving payment from the VA due to a service-connected illness does not preclude the veteran from also receiving SSD. In special cases, even those on Active Duty Status, receiving military payments may be eligible for SSD.

THE SOLDIERS PROJECT

www.thesoldiersproject.org

Email: longisland@thesoldiersproject.org

(516) 284-7531

Licensed mental health professionals offering free counseling to OIF/OEF/OND veterans and active duty military personnel or reservists, their parents, children, siblings, spouses and significant others.

Services provided: Emotional Support, Children’s Services, Family Support, Counseling for Military Sexual Trauma and Bereavement

SOUTH OAKS HOSPITAL

www.south-oaks.org

400 Sunrise Highway
Amityville, New York 11701
(631) 608-5610 for inpatient programs
(631) 608-5028 for outpatient programs

Provides clinical treatment and counseling for mental health needs, chemical dependency and gambling.

Services provided: Emotional Support, Counseling for Military Sexual Trauma and Bereavement, Substance Abuse and Addiction

SUFFOLK COUNTY UNITED VETERANS & PFC DWYER PEER TO PEER GROUPS

www.scuv.org

32 Mill Road
Yaphank, New York 11980
(631) 924-1601

- 1) Provides homeless, transitional and permanent housing to veterans. Provides benefits assistance, linkage with the VA and Social Services, vocational services, and opportunities to regain independence and productivity.

Services Provided: Housing, Employment/Vocational, Veterans services

- 2) The PFC Dwyer project provides several, county wide, peer lead support groups. Groups are opened to all generations of veterans and are completely confidential. Call (631) 852-8387 or email vetpeertopeer@suffolkcountyny.gov for group meeting schedule and locations.

Services Provided: Peer Support

TOWN OF OYSTER BAY VETERANS SERVICES DIVISION

www.oysterbaytown.com

Town Hall South
977 Hicksville Road
Massapequa, NY 11758
(516) 797-7875

Provide assistance to veterans and their families who reside in the 36 communities that comprise the Town of Oyster Bay. Assistance with locating local resources and maneuvering government agencies to help address veteran’s issues

Services Provided: Veterans Services

UNITED VETERANS BEACON HOUSE

www.uvbh.com

1715 Union Blvd
Bay Shore, NY 11706
(631) 665-1571

Provides transitional housing to veterans in need. Homes are located in both Nassau and Suffolk Counties. Provides benefits assistance and linkage with the VA, Social Services, Department of Labor, and other services. Also provides permanent housing and support to veterans over age 62.

Services Provided: Housing, Veterans Services

VETERAN ANGLERS OF NEW YORK

www.veterananglersny.org

(LI / NYC Metro Area) (212) 255-4310

Provides rehabilitation to veterans, family members and active duty personnel through fly fishing, fly tying and fly fishing trips. Events assist veterans with recovery, reintegration, socialization and stress management. Project in association with Project Healing Waters and the Federation of Fly Fishers.

Services Provided: Alternative Healing, Emotional Support, Family Support

VIETNAM VETERANS OF AMERICA

<http://vvachapter82.org>

#82 Nassau County Chapter
(516) 733-8414

An organization comprised of Vietnam Era Veterans. Provides information and assistance with benefits and applications, advocates for veterans issues and provides camaraderie. Meetings held at Hicksville VFW Hall.

Services Provided: Veterans Services, Peer support

VIETNAM VETERANS OF AMERIC NEW YORK STATE COUNCIL

(518) 338-8147

Coordinates activities of New York State chapters to advocate for the social, economic, educational and physical welfare of Vietnam Era Veterans.

Services Provided: Veterans Services, Peer support

IMPORTANT HOTLINES

VA NATIONAL VETERANS CRISIS HOTLINE

1 (800) 273-TALK

24 Hour hotline available for veterans in times of a mental health crisis

www.mentalhealth.va.gov

MENTAL HEALTH ASSOCIATION OF NASSAU COUNTY CRISIS HELPLINE

(516) 504-HELP

Crisis counseling, information and referral services available from 9:00 a.m. – 6:00 p.m. 365 days a year. The service is free of charge and all calls are confidential.

www.mhanc.org

MENTAL HEALTH ASSOCIATION OF SUFFOLK COUNTY INFORMATION & REFERRAL

(631) 226-3900

Free, confidential referral information regarding Suffolk County resources and services. Hotline is available Monday through Friday, 8:30am – 4:30pm.

www.mhasuffolk.org

VA NATIONAL CAREGIVERS SUPPORT LINE

1(855)-260-3274

Licensed social workers are available to listen to concerns, answer questions and connect you to resources such as the caregiver support coordinator at the VA in Northport.

Support is available Monday – Friday 8am – 11pm & Saturday 10:30am – 6:00pm.

www.caregiver.va.gov

VA NATIONAL CALL CENTER FOR HOMELESS VETERANS

1(877)-424-3838

Homeless veterans or those at-risk for homelessness can access help 24/7 from trained counselors. This service is intended to assist homeless veterans, their families and community service providers to prevent veteran homelessness. This service is free and confidential.

VA NATIONAL WOMEN VETERANS HOTLINE

1(855)-829-6636

This hotline is staffed by knowledgeable VA employees who can provide information about various benefits including health care services, homelessness, education and claims for female veterans.

THE VETERANS HEALTH ALLIANCE OF LONG ISLAND WISHES TO RECOGNIZE THE FOLLOWING FOR THEIR SUPPORT:

*Nassau County Department of Mental Health,
Chemical Dependency and Developmental Disabilities Services
New York State Office of Alcoholism and Substance Abuse Services (Long Island Field Office)
New York State Office of Mental Health (Long Island Field Office)
Bristol Myers Squibb Foundation, Long Island Community Foundation
Mental Health Association of New York State, United Way of Long Island
NYS Senator Lee Zeldin, NYS Assemblymember Michelle Schimel*

The compilation and printing of this resource guide was provided for by the Mental Health Association of Nassau County
**FOR MORE INFORMATION ABOUT THE VETERANS HEALTH ALLIANCE OF LONG ISLAND CALL
JOHN JAVIS (516) 489-1120 EXT. 1101 OR LAUREN HAGEMANN (516) 489-2322 EXT. 1260**